

Lactation Apps

1. Baby Tracker – Nursing:

- It is easy to lose track of the little details when you are busy keeping a little infant alive! Do you often forget about the last time you fed your baby? Well, what you need is this great app to help you out!
- This cool breastfeeding app helps you keep track of all the small details like the length of your last breastfeeding session and the side you nursed on last. If you are partially breastfeeding, it also helps you track your formula feeding sessions.
- **Price:** \$4.99
- **Compatibility:** [iPhone](#), [Android](#)

2. Baby Nursing / Breast Feeding:

- Here's the best breastfeeding app that is completely free! That's reason enough to fall in love with this neat little app. But it has more to offer
- The app allows you to record feedings. All you have to do is press the "start" and "stop" symbol. It also helps to keep a tab on your most recent feeding sessions, as well as the daily averages.
- **Price:** Free
- **Compatibility:** [iPhone](#), [iPad](#)

3. LactMed:

- LactMed is a great resource for breastfeeding mothers. It gives you many benefits. Wondering if the drug you are taking might impact breastfeeding or harm your child?
- LactMed can help! In fact, the app even recommends other 'safe' drugs for you to consider
- **Price:** Free
- **Compatibility:** [iPhone](#), [iPad](#), [Android](#)

4. iLetDown:

- Does your job require you to stay away from you baby for long durations? Breastfeeding is about supply and demand. The more you feed your baby, the more breast milk your body will produce. So if your job (or other situations) prevents you from feeding your baby frequently, this app for breastfeeding will come handy.
- The app helps stimulate let-down! Wondering how that is even possible? Well, when the time is right, the app will display pictures of your baby. Not just that! The app also plays various sounds mimicking a hungry child – sure to get the mammary glands working! It can be the best breastfeeding apps for android.
- **Price:** \$0.99
- **Compatibility:** [iPhone](#), [iPad](#)

- **5. iBreastfeed:**

- For many working mothers, breastfeeding can prove to be a difficult job. Pumping is a great way to feed your baby breast milk in a bottle. You can pump and store the milk in the freezer. This way, you can do your job, and your child can enjoy the benefits of breast milk!
- The app gives you a plethora of breastfeeding information. If you are looking for information about breast pumping, breast milk storage, etc., this app will be a great tool.
- It can even track your baby's feeding schedules. The app also helps to locate breastfeeding or pumping friendly locations if you are traveling!

- **Price:** Free

- **Compatibility:** iPhone, iPad

- **6. Baby Feeding Log:**

- Looking for the best app for breastfeeding, which is easy to navigate? Then you must try the Baby Feeding Log app. The app helps you track and store information on your breastfeeding schedule.
- It even helps if you are formula feeding! What's more, you can even log [your baby's diaper](#) changes and sleep schedules with the help of this app.

- **Price:** Free

- **Compatibility:** iPhone, iPad

- **Speedy Tot:**

- Traveling with a baby can be a real struggle. Many mothers hesitate from venturing out with their little ones because of the challenges it entails. But now you can breathe some fresh air or go shopping without worrying!
- This wonderful app helps to locate baby friendly places in a jiffy. From changing stations to feeding spots – the app can locate it all for you! It even helps you find a place with highchairs!

- **Price:** \$1.99

- **Compatibility:** iPhone, iPad

- **8. Eat Sleep- Simple Baby Tracking:**

- Taking care of a new baby entails three basic things – managing their sleeping, feeding, and diapering schedules! It may look easy on paper, but as experienced moms will tell you, these three steps can leave you drained.
- To make your life easier, download this great app for breastfeeding. It helps you keep track of your baby's three basic needs. It also allows you to view the daily, weekly, and monthly history, which can help you plan your life better.

- **Price:** Free

- **Compatibility:** iPhone, iPad

- **9. pump@work:**

- Not enough support exists for working mothers who want to feed their babies some breast milk. Pumping is a difficult task and women who do it for months without a break are no less than superheroes!
- But we have something just for you! The pump@work app is a heaven sent for working moms. It helps you track your pumping schedule and calculates the amount of milk you are making. It is a must have for working moms
- *Price:* \$1.99
- *Compatibility:* iPhone, iPad

● **10. Latch ME:**

- Here's an app that all breastfeeding mothers need!
- The app can help you find breastfeeding friendly locations, doctors, and even lactation consultants! You can also look up safe pumping locations with this app.
- The app also allows you interact with forums and get some first-hand knowledge from experienced moms.
- *Price:* Free
- *Compatibility:* iPhone, iPad, Android

● **11. Nancy Mohrbacher Breastfeeding Solutions:**

- Here's another 'all-rounder' apps for breastfeeding moms to try.
- The app helps you through most of your breastfeeding journey, almost like a BFF!
- The interactive app asks you multiple questions and then helps you manage the 30 most common breastfeeding problems.
- The app even has an index, making it easy for you to look things up. This one gets a thump up from us.
- *Price:* \$4.99
- *Compatibility:* iPhone, iPad

● **12. Baby Connect:**

- The Baby Connect is more of a baby app that also provides breastfeeding information. The app lets you track everything you can think about.
- You can upload your baby's pictures too! Sounds awesome, doesn't it?
- So, what all can you track with this app? Sleep, diapering, feeding (both breast milk and formula), medication, vaccine schedule, milestones and other reminders – the app can store it all!
- The app even allows you to store the data with Excel or email!
- Another cool feature is that you can add multiple caregivers to it. So, if you have a nanny looking after your baby while you work, you can let her add data to the app too. Your husband, relatives, even your daycare provider can now participate in your baby's well-being with the help of this app.

- The app even lets you add milestones for quick reference. So, if you are too busy to keep your baby book up to date, don't worry! You can always use this baby breastfeeding app and fill it up later!

- **Price:** \$4.99

- **Compatibility:** [iPhone](#), [iPad](#), [Android](#)

- **13. iBaby Feed Timer:**

- There are some things that only a mother can understand, and that includes breastfeeding. That is what makes the baby Feed Timer so special.

- Developed by breastfeeding mothers, the app allows you to track your baby's feeding schedule. How long is your baby taking to feed? How much is she consuming? The app helps you answer these basic questions. It even reminds you when a feed is due and which breast is next on the line!

- Once you are done breastfeeding, you can use the app to track your baby's formula feeds too.

- Bonus, the app helps you set up reminders so you can give your child medicines on time!

- **Price:** \$4.99

- **Compatibility:** [iPhone](#), [iPad](#)

- **14. Feed Baby Lite and Feed Baby Pro:**

- Both apps have similar features, but the Feed Baby Pro may provide larger storage.

- The app helps you record your baby's feeding schedules as well as the amount of milk she consumes. It also helps you track your pumping sessions. It has a full-screen clock that lets you monitor the amount of time your child is feeding. It is a great way to kill time while your child is feeding, right?

- The app also allows you to 'pause' while recording a feeding sessions. A great tool for mothers with babies who are easily distracted!

- This nifty technology also lets you manage your baby's diaper changes.

- The app also stores information about your baby's medical history, allowing you keep a watch on the medicines your baby is taking, and how much.

- You can even monitor your baby's growth with this app.

- The best part is that you can use the app's Device-to-Device Synchronization to allow all the caregivers to upload information.

- **Price:** \$3.50

- **Compatibility:** [Android](#)

- **15. Baby ESP:**

- An Awesome app for an awesome mother! The Baby ESP app has it all!

- You can track your baby's naps and night sleep schedules as well as breastfeeding and pumping schedules.

- The app also lets you track your baby's growth against WHO growth charts. If you have more than one child, this app will be great for you! It allows you track multiple children.

- There's more! You can track diaper changes, baths, medicine usage, etc. with this app. This app too lets multiple users upload data from multiple devices, making it super user-friendly.
- The app can work as an alternative to your personal baby book as you can even upload pic photos, notes, and other baby-related information on it.
- **Price:** \$4.99
- **Compatibility:** [Android](#)

● **16. Baby Care Plus:**

- Here's another app that you can use to track multiple kids! You can create multiple widgets on the home screen and use it for different babies.
- The app can help track breastfeeding sessions, as well as pumping sessions. You can even use the app when your child is a little older as it lets you track your baby's solid intake too.
- You can also organize and track your baby's sleep pattern, milestones, growth, medical history, teething, etc.
- You can even upload baby photos as well as baby sound with this app.
- Best part? You can share your baby's progress with family and friend via Facebook, Twitter, and other social media sites.
- **Price:** \$1.99
- **Compatibility:** [Android](#)

● **17. Breast Feeding Tabulator:**

- Like all the other apps, this one too allows you to track your baby's feeding schedule – both breastfeeds and formula feeds.
- This app also helps monitor all the medication you give to your baby, ensuring you don't give too little or too much of it.
- **Price:** Free
- **Compatibility:** [Android](#)

● **18. Similac Baby Journal:**

- Similac is a popular formula brand, but they encourage breastfeeding too.
- This app is a great digital version of the 'baby book'! It allows you to monitor and log about everything your baby does in a day. From feeding times to bathing schedules – you can track it all with this app.
- The app also allows you to track your baby's growth.
- **Price:** Free
- **Compatibility:** [Android](#)

● **19. My Baby Today:**

- When BabyCenter creates something, you can be sure its mother friendly!
- The app lets you track your breastfeeding schedules and sessions. It also gives you access to a treasure trove of parenting, especially breastfeeding, information.

- *Price:* Free
- *Compatibility:* [Android](#)
- **20. Breastfeeding:**
- If you have an eye for graphs, this app is for you!
- The app takes in all the information you feed in and turns it into a graph, telling you exactly when your baby is likely to be hungry again! Seems like magic doesn't, it?
- You can even track your baby's sleeping pattern, which can help you establish a healthy sleep schedule for your baby.
- *Price:* Free
- *Compatibility:* [Android](#)