

What do I do when I find a tick on my child?

1. **Remove** the tick.
2. **Clean** the area the tick was removed from with soap and water.
3. **Kill** the tick by putting it in a plastic bag with alcohol. Keep the tick to help with identification.
4. If the tick has been on your child for more than **36** hours **call your pediatrician** to determine if your child needs an appointment to discuss if post-exposure Lyme prophylaxis would be appropriate.
5. **Monitor** for symptoms of fever, rash, joint pain, or headache in the next 30 days. Lab tests are not recommended as it takes weeks for the test to become positive after the bite.
6. Refer to the CDC website for more information on prevention, identification and treatment of Lyme disease.
<https://www.cdc.gov/lyme/hcp/communication-resources/index.html>